

Piaffe & Passage

VADA/Nova, Inc. Newsletter

March 2023

Volume 52 Issue 1

Thank You to our Volunteers and Congratulations to our Award Winners!

This weather certainly doesn't feel like winter to me. As such, I've been contemplating spring cleaning and more summery activities like volunteering for VADA/Nova! A few notes about volunteering with us are therefore in order.

First, what can I do to earn volunteer credit? Answer, lot's of things! Volunteering at shows or clinics, helping at the Member and Volunteer Appreciation (March 12th, mark your calendars and RSVP today!), or writing a newsletter article. Those don't sound amazing for you, but you have a specific way that you could help, let us know and maybe we can use your assistance on a committee, or in a way we simply haven't thought of yet.

Second. Ok, I earned volunteer credit, what can I do with it? Well, boy do we have news for you! You can qualify for 2023 Year End Awards, earn 2023 Above and Beyond Volunteer awards, and trade your Volunteer Bucks for amazing gift certificates in our Volunteer Bucks Store (see the Volunteering tab on our website!). We have gift certificates for VTO Saddlery, MKR Designs, Aster Equine Photography, Designs by Frederique, Brentwood Freestyles, Sara Spofford Dressage, EVO Printing, and Another Turn Tack. The board would like to thank each of these vendors for joining the VADA/Nova Family, and we appreciate your support.

Really, those are great benefits, but how necessary are volunteers, how many hours are needed each year? Well, at each of our schooling shows, we normally need about six volunteers per day. Licensed Shows run quite a bit larger, typically in the range of 10-15 volunteers per day. Our Fix-A-Test Clinic (March 18th, mark your calendars and sign up on our website!), Dressage Camp (July 26-29), and our Judges' Roundtable will add around ten volunteers to the total. That adds up to 90-100 days worth of volunteer time. One of the pieces that our members often don't see is that our Schooling Show Staff are typically volunteers (Secretaries and Managers) and all the time that our board members put in to produce these events, calculate year end awards, update the website, produce emails and newsletters, etc.

So, what does it all mean? It means that in 2022 we celebrated 14 dedicated volunteers who put in over five days of time each, 11 amazing volunteers who put in more than two and a half days of time, 13 spectacular volunteers who put in

more than two days, and 44 super star volunteers who gave us up to a day and a half. A little math problem for you that definitely exceeds the size of a 20 meter circle, in 2022 our volunteers put in 190 days, which is amazing! We always say it, but we really do mean it, thank you from the bottom of our hearts for stepping up to help the sport of dressage in the Northern Virginia Area.

- Rachel Rice

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ICYMI

VADA/NOVA IS HAPPY TO WELCOME THE FOLLOWING NEW MEMBERS:

A big VADA/Nova welcome to all of our new members! We hope to see you at one of our upcoming events either as a competitor, volunteer, or just to support friends and family.

Camille Balderson
Nancy Benton
Lori Brown
Hollie Diesselhorst
Jill Graf
Casey Kessler

Alain Meilahn
Hunter Myers
Tonya Moore
Hannah Schofield
Caroline Stephens
Nancy Twenhafel

VADA/Nova Board Member Contacts

WEBSITES TO CHECK OUT

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JUDITH GRASS
VICE PRESIDENT

CAROL THOMAS
VICE PRESIDENT

MICHELLE KING
SECRETARY

LISA RICE
TREASURER

MARY CALLAN

JESSIE GINSBURG

VERONICA GOGAN

ANNE HARRINGTON

LORI LAFAVE

RACHEL RICE

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www.vadanova.org

VADA State
www.viriniadressage.org

Region 1
www.USDFREG1.org

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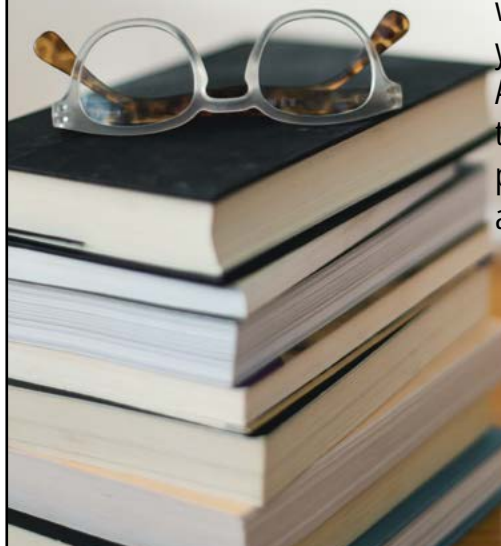


VADA/Nova's website has a whole new look! Have you visited it recently? Check it out at www.vadanova.org.

- If you are looking for Year End Awards information, check under the **About Us Tab!**
- If you want to make a difference as a volunteer, make sure you log in as a member, then go to the **Volunteering Tab!**
- Looking for information on our Licensed Show? Make sure you visit our **Calendar Tab**, for complete information, click on the event you are interested in!

ATTENTION *Aspiring Authors!*

VADA/Nova needs aspiring authors to submit content for our newsletter. We are calling on trainers, veterinarians, and horse owners to share their knowledge with fellow VN members in an article submitted to the newsletter. Authors of published articles will receive half a day of volunteer time and 5 VN bucks. What a great way to earn volunteer time for year-end awards. Articles can be one to two pages and pertinent photos are welcome.



HORSES & HEALING

By Lori LaFave



The mighty Irish Draught Horse! We are celebrating them as our January Breed of the Month on YourDressage!

Dressage riders who choose Irish Draughts as their mounts are eligible for special awards through the Adequan®/USDF All-Breeds Awards program, as the Irish Draught Horse Society of North America is a participating organization.

Here, a rider in Region 1 shares about her Irish Sport Horse, Duckie, and how she found harmony through horses in a time when she needed to heal from grief.



I have always appreciated the strength and beauty of the Irish Draught, and the perfect mix of athleticism, power, and brain of the Irish Sport Horse. Admiring them from afar – whether as a jump steward at top level eventing shows, or watching them in the hunt field. I always felt they were just the perfect horse – probably more horse than I could afford or ride! While on a riding holiday in Ireland many years ago, I was paired for the week with an Irish Sport Horse named Dermot. He was a 16 hand dark bay that was flashy, proud, and knew his job. We rode all over the countryside for a week, and this horse never took a wrong step – over jumps, up and down hills, through the water – nothing fazed him! I came home knowing one day, I would own one.

Most importantly, they have heart and love their people. Ask any of us that own one – the connection with these gentle giants is all consuming.

When I was introduced to Spring Ducatti – aka Duckie – he was for sale because he was a bit too much horse for the adult amateur that currently owned him, and he was very athletic and powerful. I was searching for my next horse, and I was told I should go out to try him. I was blown away by his beauty and his movement – and a bit intimidated by his strength and athleticism. That was 3 years ago. Today, I am owned by this big goofball of a horse that has a huge personality, enjoys his treats, loves a good trail ride, knows how to turn it on when we enter at A, and makes me work – and get it right. Even though he is so big and strong, he is the most sensitive horse I have ever sat on. Every movement, every change in my seat or hands – he responds. He demands to be ridden properly, and lets me know when I get it wrong. He has taught me more in the past 3 years than I could ever imagine. He has enjoyed his change in careers from eventer to dressage horse, and I am so lucky to get to be his person.

2021 ended with me having a LONG list of all the things I wanted to accomplish over the winter to be ready to go into the 2022 show season. I had finished my first year competing in recognized shows, we won some great end of year awards, and it was exhilarating!

So.....the To Do list for 2022 was long, and I was ready and willing to put in the work! And then....

During a 7 day period, the second week of February, my uncle passed away suddenly, a dear family friend died tragically, and my father lost his fight with cancer. All within a week. I spent the next two weeks planning funerals, attending funerals, and trying to take care of everything and everyone around me.

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I came back home from all of this and just threw myself back into work, got back on my trainer's schedule, and did the only thing I knew how to do – move forward. While in a lesson, my trainer asked me to pick up the right lead canter – and I couldn't process what she was saying to me, nor could I make my body do it – it was like there was pea soup in my brain and body, nothing was working properly. (I should add here that my horse is not a forgiving soul, he is big, powerful, and does not suffer fools – taking a joke is not in his DNA.) We barely made it through that lesson, and at one point during the canter work I said out loud, "I am NOT okay".

I was broken and needed to heal.

So, I stopped.

I stopped putting my foot on the gas to move forward, I stopped pushing myself to be ok, and I stopped forcing it all – for me AND for my horse. Instead of lessons to work on movements for upcoming shows, I went on trail rides – at a walk. My horse and I walked along the creek, we walked on trails through the woods, we walked through the open fields, up hills and down hills, we saw wild turkeys, baby foxes frolicking, deer stood and said hello to us, blue herons in the water squawked and waved their wings, and we even went in the water and splashed around ourselves.

Somewhere in the middle of all of that walking, my horse and I both just let go. He let go of his apprehension and stress, and I let go of my shock and sadness. We both got fitter and stronger as a team, and we had fun – now our walks became great workouts where we did shoulder-ins along the lane, and worked on our leg yields on the trails, calmly and with happiness in our steps.

I also spent a LOT of time volunteering. While I got my own bearings back in the saddle as my heart healed, I got to watch others

do their thing!!! I enjoyed scribing and listening to each judge, I was serious about keeping the in gates running on time while a ring steward, and being there to help others was exactly what I needed. I learned a ton while watching, absorbing it all, and I always tried to be the volunteer that I need when I am showing – the one that smiles, tells you that you look fabulous, you are on time, and wishes you good luck as you leave the warm up to head in for your test.

In July, I signed up to be in a four day dressage camp that was organized by my GMO – four days of dressage instruction with two top level instructors, discussions on a wide range of topics, meals with a great group of riders, culminating with our own mini-show where we each rode tests and were judged. My horse and I were by far the least experienced team at the camp, but no one cared, and the "camp community" was a blast – the 15-year-old horse crazy kid that still lives inside of me just loved every minute of it!

As I sit here today, looking back on this year, I think I might have learned more in the saddle this year than ever before, and while there isn't a ribbon for this journey, I will share what the blue ribbon formula was for me –

Horses + Healing = Harmony

And, isn't that harmony of horse and human in the saddle what we are all striving for?

Duckie and I look forward to seeing you all out there in 2023, we will spend the winter learning new tests, and we can't wait to show you what we have learned together. ■

This story was originally published on YourDressage.com on January 30, 2023.

VADA/Nova

MEMBER & VOLUNTEER APPRECIATION PARTY

Sunday, March 12, 2023

Join us to celebrate and honor our Year End Awards winners and Above and Beyond volunteers. We'd like to gather to thank our members for their resilience and patience as we've navigated the challenges of the past two years.

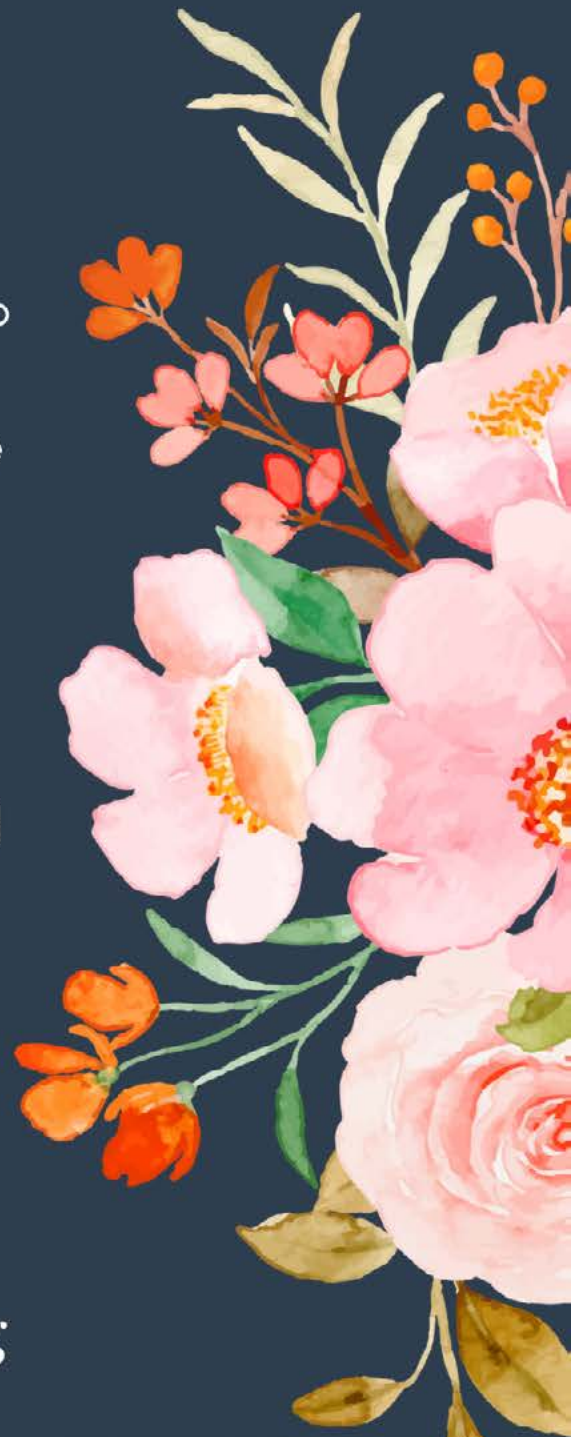


light lunch, soft drinks, beer, and wine will be served

2:00 - 5:00pm

Ida Lee Park Recreation Center
60 Ida Lee Dr NW
Leesburg, VA 20176

RSVP at vadanova.org



2022 VADA/NOVA YEAR END AWARDS:

Congratulations to our Year End Award Winners!



Stevie LeCain and Ace



Teagan Niles and Olaf



Sonya Hunt and Taproot Strikes Gold



Jennifer Wright and Sir Henry



Erin Fitzwater and Prickorys Lil Badge

LICENSED SHOWS – AMATEUR

TRAINING LEVEL

Champion
Reserve Champion

Sonya Hunt and Taproot Strike Gold, 66.983%
Erin Fitzwater and Prickorys Lil Badge, 66.799%

FIRST LEVEL

Champion
Reserve Champion

Rita Trimarchi and Looking Good FLF, 61.688%
Lori LaFave and Spring Ducatti, 60.719%

SECOND LEVEL

Champion
Reserve Champion
3rd

Suzanne Cotter and Supergirl KS, 68.306%
Brittany Croll and Down the Rabbit Hole, 65.557%
Katherine Buck and Cabeza Prieta, 61.691%

THIRD LEVEL

Champion
Reserve Champion

Suzanne Cotter and Supergirl KS, 65.604%
Katherine Buck and Simon's Song, 63.106%

PRIX ST. GEORGES

Champion

Cheryl Sherman and Fandango, 64.485%

INTERMEDIATE I

Champion
Reserve Champion

Jenny Spain and Some Caan Job, 65.037%
Kathryn Bennett and Just Georgie

MUSICAL FREESTYLE – USDF LEVELS

Champion

Suzanne Cotter and Supergirl KS, 73.297%

LICENSED SHOWS – OPEN

PRIX ST. GEORGES

Champion

Siobhan Byrne and Hans, 69.541%

INTERMEDIATE I

Champion

Siobhan Byrne and Hans, 67.567%

INTERMEDIATE A/B/II

Champion
Reserve Champion

Donna Gatchell and Reflection, 71.838%
Ampara Visser and Quanto Costa, 61.618%

MUSICAL FREESTYLE – USDF LEVELS

Champion

Donna Gatchell and Don Tiago, 74.608%



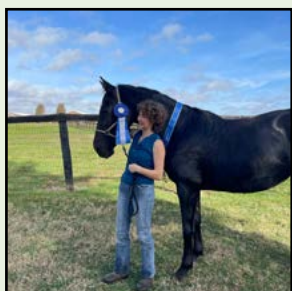
Talia Czapski and Capitan



Lisa Holtz and Naxos



Judy Brescia and Sandby Marquis



Kyleigh Woodrick and Diamond Blaze



Rita Trimarchi Looking Good FLF



Lisa Rice and Konigin der Nacht

LICENSED SHOWS - SPECIAL AWARDS

GLEN ARYN FARM AWARD FOR HIGHEST MUSICAL FREESTYLE SCORE

Donna Gatchell and Don Tiago (79.333%)

ANKY VAN WELTEVREDEN MARE CHALLENGE SPONSORED BY DIANN CARPENTER

USEF LEVELS:

Suzanne Cotter and Supergirl KS (68.306%)

FEI LEVELS:

Donna Gatchell and Reflection (71.838%)

HIGHEST ADULT AMATEUR AVERAGE SPONSORED BY DONNA GACHELL

USEF LEVELS:

Suzanne Cotter and Supergirl KS (68.306%)

FEI LEVELS:

Jenny Spain and Some Caan Job (65.037%)

RATAxes MEMORIAL AWARD (HORSE 18+) SPONSORED BY DEBBIE MARRIOTT ROCK

Cheryl Sherman and Fandango (64.485%)

SCHOOLING SHOWS – AMATEUR

TRAINING

Champion

Jennifer Wright and Sir Henry, 71.548%

Reserve Champion

Talia Czapski and Capitan, 67.026%

3rd

Molly Judge and Kynynmont Gabriella, 61.930%

4th

Judy Brescia and Sandby Marquis, 61.207%

FIRST

Champion

Lisa Rice and Konigin der Nacht, 69.036%

Reserve Champion

Lori LaFave and Spring Ducatti, 62.075%

SECOND

Champion

Janet Bellows and Miss Ruby, 65.730%

Reserve Champion

Katherine Buck and Simon's Song, 64.957%

3rd

Abigail Just and Waitara, 62.934%

THIRD

Champion

Anne Harrington and Jack My Man, 63.343%

Reserve Champion

Katherine Buck and Simon's Song, 63.246%

FOURTH

Champion

Jess Howard and WHF Rhodesian Sky, 64.077%

PRIX ST. GEORGES

Champion

Cheryl Sherman and Fandango, 65.490%

GRAND PRIX

Champion

Jessie Ginsburg and Vodermus, 60.906%



Lori LaFave and Spring Ducatti



Suzanne Cotter and Supergirl KS



Katherine Buck and Simons Song



Siohhan Byrne and Hans



*Anne Harrington
and Jack My Man*



Cheryl Sherman and Fandango



*Jenny Spain
and Some Caan Job*



*Kathryn Bennet
and Just Georgie*

SCHOOLING SHOWS – OPEN

INTRO

Champion

Steve LeCain and Ace, 66.703%

TRAINING

Champion

Abigail Brassard and Snap, 69.785%

Reserve Champion

Lisa Holtz and Naxos, 69.307%

SCHOOLING SHOWS – JR/YR

INTRO

Champion

Naomie Wightman and Stitch, 68.016%

TRAINING

Champion

Teagan Niles and Olaf, 63.233%

FIRST

Champion

Kyleigh Woodrick and Diamond Blaze, 64.500%

SPECIAL AWARDS – SCHOOLING SHOWS

COMPASS ROSE FARM AWARD (HIGHEST SCHOOLING SHOW AVERAGE)

Jennifer Wright and Sir Henry (71.548%)

RATAXES MEMORIAL AWARD (HORSE 18+) SPONSORED BY DEBBIE MARRIOTT ROCK

Cheryl Sherman and Fandango (65.490%)

*Congratulations to all the VADA/Nova members who earned awards
from the Virginia Dressage Association!*



VADA/NOVA

SPRING SCHOOLING SHOW

MARCH 19, 2023

MORVEN PARK EQUESTRIAN CENTER

OPENS: FEBRUARY 19 CLOSURES: MARCH 12

JUDGE: PEGGY PARISO

Register at www.StriderPro.com

Upcoming Events

VADA/Nova 2023 CALENDAR OF EVENTS

MARCH 12

2:00-5:00

Member and Volunteer Appreciation Party

RSVP at www.vadanova.org

IDA LEE PARK RECREATION CENTER

MARCH 18

Fix-a-Test with Donna Gatchell

Event already full!

MORVEN PARK EQUESTRIAN CENTER

MARCH 19

Spring Schooling Show

Open: 2/19/2023 Close: 3/12/2023

Judge: Peggy Pariso

Register at www.StriderPro.com

MORVEN PARK EQUESTRIAN CENTER

APRIL 8

Spring Licensed Dressage Competition

Open: 2/22/23 Close: 3/22/23

Judges: Debbie Rodriguez (S), Lisa Schmidt (S)

MORVEN PARK EQUESTRIAN CENTER

MAY 17

Midweek May Meet

Open: April 5 Close: May 3

MORVEN PARK EQUESTRIAN CENTER

JUNE 10-11

Summer Dressage Festival

MORVEN PARK EQUESTRIAN CENTER

JULY 26-28

Dressage Camp

FRYING PAN PARK

AUGUST 5

August Schooling Show

MORVEN PARK EQUESTRIAN CENTER

AUGUST 26-27

Summer Wind Down I and II

MORVEN PARK EQUESTRIAN CENTER

NOVEMBER 4

Fall Open and Schooling Show Championship

MORVEN PARK EQUESTRIAN CENTER

Each of these events have volunteer opportunities too!

Spring is Coming and so is Show Season

VADA/Nova Spring Competition

Opens Wednesday, February 22

Show Date: Saturday, April 8

Go to www.vadanova.org for full show details and to enter.



CHANGES TO THE 2023 DRESSAGE TESTS

Created and made available by the United States Dressage Foundation © USDF 2022

CHANGES TO THE PURPOSE OF THE LEVELS

INTRODUCTORY LEVEL

To introduce the rider and/or horse to the sport of dressage, confirming that they are beginning to develop an understanding of correct dressage basics. The horse should be ridden freely forward in a steady tempo and clear rhythm, accepting contact with the bit. An understanding of test accuracy and geometry should be demonstrated.

TRAINING LEVEL

To confirm that the horse demonstrates correct basics by showing suppleness both laterally and longitudinally, moving freely forward in a clear rhythm with a steady tempo, and readily accepting contact with the bit. Correct geometry and lines of travel should be shown.

FIRST LEVEL

To confirm that the horse demonstrates correct basics, and in addition to the requirements of Training Level, has developed the improved balance, lateral suppleness and throughness, as well as the thrust to perform lengthenings of stride. The horse should be on the bit.

SECOND LEVEL

To confirm that the horse demonstrates correct basics, and now begins to accept more weight on the hindquarters as the collected and medium gaits develop. A greater degree of straightness, suppleness, throughness, and balance are required to perform the movements with ease and self-carriage.

THIRD LEVEL

To confirm that the horse demonstrates correct basics while maintaining consistent uphill balance and self-carriage. Increased engagement facilitates clear differences in collected, medium, and extended gaits with

well-defined, balanced transitions. Movements should be accomplished with harmony and ease due to the increased balance and collection. The horse must demonstrate a greater degree of throughness, suppleness, straightness and bending.

FOURTH LEVEL

To confirm that the horse demonstrates correct basics, and has developed sufficient throughness, suppleness, balance, and impulsion to perform with ease the exercises at this medium level of difficulty. The horse has established consistent self-carriage and lightness through improved connection, engagement, and collection. The movements and transitions are performed with greater straightness, impulsion, and cadence.

CHANGES TO THE TESTS BY LEVEL

INTRODUCTORY LEVEL

The directive for Medium Walk (where visible to the Judge at C) and Free Walk now include “overtrack”

The directives were updated to be more cohesive with Training Level.

TRAINING LEVEL

Test 1 | Movement # 6 - The walk transition is now between C & H instead of at C.

Test 2 | no changes

TRAINING LEVEL

Test 3 | Revised similar to the 2015 version with a new description for the shallow loop at trot.

FIRST LEVEL

Test 1 | Lengthen stride at canter was removed.

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Test 2 | The score for “leg-yield ” and “Turn down centerline” were combined.

Test 3 | Trot work is more balanced and canter work is divided for better balance. Both leg-yields go towards the judge. Stretch circle was moved for better transitions between movements before and after New description of shallow loop in canter. Diagram added to score sheet for clarification.

SECOND LEVEL

Test 1 | The end of the test was shortened to make a more fluid finish.

The last canter to walk was removed and replaced with a transition to trot.

SECOND LEVEL

Test 2 | Medium Trot was added between the shoulder-in and travers. The pattern was changed to put both shoulder-ins and travers together separated by ½ ten-meter circles.

Test 3 | No changes to the pattern

THIRD LEVEL

There are no changes to the patterns at Third Level.

In all Third Level Test- Flying Lead Changes now have a coefficient.

CHANGES TO SECOND AND THIRD LEVEL

The directive “Shorten the walk stride” was removed in walk to canter transition movements.

“Shorten the walk” was replaced with “Collect” prior to Turn on the Haunches.

FOURTH LEVEL

- Test 1 | The Shoulder-in was moved from the centerline to the rail.
- Extended walk moved to diagonal instead of half-circle.
- The coefficients were moved from the shoulder-in to the trot half passes.

FOURTH LEVEL

- Test 2 | Extended canter is now before the working pirouettes.
- The coefficients were moved from the trot half passes to the canter half passes.

FOURTH LEVEL

- Test 3 | Shoulder-in moved from centerline to rail Half-circles at canter/counter- canter were removed.
- Working half- pirouettes at canter were moved to a more “open” diagonal line.

- The coefficients were moved from the shoulder-in to the rein back and transitions to and from extended trot.

CHANGES TO THE FOUR-YEAR-OLD AND DEVELOPING TESTS

FOUR-YEAR-OLD

- The distance of the free walk was increased.
- The canter transition was changed from at the letter to the between the letters.
- General Impression changed to Perspective to match FEI Young Horse tests.

DEVELOPING PRIX ST. GEORGE AND DEVELOPING GRAND PRIX

ARTISTIC MARKS

The Artistic Impression Marks were revised to be closer to FEI Freet-styles except for a reduced Coefficient in Degree of Difficulty

Training = 1

First Level = 2

Second Level = 3

TECHNICAL MARKS BY LEVEL

TRAINING LEVEL

- A coefficient of 2 was added to medium walk and canter circles.
- Additional descriptive information added to serpentine and Transitions
- Canter-Trot-Canter (12m min of trot) was added to additionally allowed.

SECOND LEVEL

- A coefficient of 2 was added to Medium Walk and Simple Change of Lead (right and left).
- Transitionms in and out of Medium Trot and Medium Canter were both added as Compulsory ElementsDeveloping Prix St. George & Developing Grand Prix





Veronica Gogan, Chip, and Anthony Forrest

WRITE IT DOWN

By Veronica Gogan

Applying for grants and similar opportunities forces us to write down a plan, which is scary and hard. It forces us to strategize and hold ourselves accountable. We put our strengths and weaknesses in writing. Good applications define the critical attributes of our proposal and describe what is to be achieved. As riders, we don't do this enough. I had applied for and earned grants for my 2022 plans. I had goals; I had some relatively far-fetched dreams. As it turns out, my plans were in a snow globe and the year wouldn't go anything like I planned.

I was living in a dream with a super horse that I was leasing, a trainer I loved, and a program I was thriving in, I was convinced this path was the only way to achieve any of my goals. My goals included "to close some of the gap between my inexperience and mastery;" to work on my strength, stamina, and problem solving; and to learn more about the mechanics of dressage. Competing to get feedback on performance and notes for progress was also a big goal for my training plan. Being a part of a robust training program meant exposure to horses and riders at all levels. I had plans to attend the March CPEDI in Wellington to learn, get inspired, and network. It was a plan to fortify my foundation to use as a springboard for the future.

I was incredibly fortunate to be the 2022 recipient for the Para Equestrian Grant from The Dressage Foundation. When I was writing my application, I was in the final push of preparation for the 2021 Para Dressage National Championships. My horse, trainer, and I were a great team, I thought we were at the beginning of our story. Spoiler alert, we weren't; as it turns out, Nationals was to be the end of our journey together. As the saying goes, "If you want to make God laugh, tell him your plans." Same goes for horses.

For the better of the first half of 2022, I worked on finding a horse and trainer situation that would keep me on a productive path. I wrote to The Dressage Foundation and described my complete change in scenario placing heavy emphasis that my goals were unchanged, and that this

new situation would still progress my riding, be competition-oriented, and still worth their investment. Being horse people, aware that things can change in a hoofbeat, and after reading my revised proposal, they agreed to let me use my grant for my amended plan.

Since May, I've been training at Wheatland Farm aboard Toll House Chocolate Chip primarily with Anthony Forrest, Chip's owner. Wheatlands, Chip, and Anthony all have a laundry list of accolades, many very specific to para dressage. Working with a trainer on their own horse is an incredible experience. Not only has Anthony owned Chip for nearly nine years, but they also grew up together and have five or so disciplines to share. Anthony knows each of Chip's buttons, his strengths, and where he needs support. Their relationship has made my training so much better.

Part of being awarded a grant by The Dressage Foundation is that you reflect on what you get out of your grant. Writing a reflection of a revised plan, especially when the initial plan was a dream, was really hard. Numerous times I sat in front of a blank Word document and squirmed. With such upheaval since writing my application last fall when things seemed so linear, I didn't know where to begin. When I went back and reread my application, I realized I had achieved so much of what I had intended.

The theory and technique I acquired with the training I did with Anthony is undeniable. I am a better rider in body and brain with more tools unique to para than I would have had without them. This year absolutely strengthened by foundation and was an investment in my future. I am incredibly grateful that I had the somewhat abstract goals that are really part of the journey. In a year that could have felt like a dud, I have documented goals that I most definitely worked on despite it not being in the way I set out.

Check out The Dressage Foundation as a grant applicant or to make a donation. ■



VADA/Nova is thrilled to announce a dramatic expansion of businesses who support our members by accepting volunteer bucks. Visit our online Bucks Store for links



ASTER EQUINE
PHOTOGRAPHY

Proud to be the
show photographer
for VADA/NOVA
Dressage!

For 2023, we are aiming to photograph all riders. No need to sign up! Like, follow, and stay tuned for your show photos!



facebook.com/asterequine

| instagram.com/asterequine

| asterequine.com



WestFinancialServices

Your goals. Our strategy.®



West Financial Services (WFS) is proud to support VADA/Nova as a Platinum Sponsor. We have built a firm dedicated to taking a conservative and ethical approach to growing and protecting clients' wealth and prosperity. Since our inception in 1982, WFS has provided financial services on a fee-only basis, acting as a fiduciary for clients, offering financial planning, investment management, and retirement plan consulting services.

Call us to learn how we may help you with your financial plan. There is no cost for an initial consultation.

Best of luck to all competitors and stay safe!



Abby E. Just, Senior Portfolio Manager



Brian J. Horan, CPWA®, Relationship Manager

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TREASURER REPORT

YEAR END AND 4TH QUARTER 2022 FINANCIAL ACTIVITY

Lisa Rice

Our final activity of 2022 took place on November 5 at Morven Park with our Championship and Open Schooling Show. We had a high turnout for this final schooling show of 2022, with a good representation of all levels in both the Championship and Open classes, including some event riders practicing their USEA dressage tests for the late Fall eventing competitions down South. We had great prizes, beautiful ribbons, and perfect weather. Overall, we realized a small loss of \$24.77.

The 4th quarter of 2022, which includes the revenue and expenditures for the above Championships schooling show, also reflects membership renewals and/or sign-ups for 2023, as well as final administrative and organizational expenses for the year. For the 3 months ending December 31 we realized a net loss of \$1,698.73.

The January through December 2022 financial activity report reflects a very active year of licensed and schooling competitions, a Fix-a Test, a Judges' Roundtable and the Dressage Camp. Also reflected are the organizational investments made to upgrade the website, upgrade our members' online experiences with their show and clinic entries and Volunteer Bucks usage, and an enhanced newsletter in both the printed and on-line formats. We ended the year with a small loss of \$774.97.

Please feel free to address any specific questions to treasurer@vadanova.email



VADA NOVA STATEMENT OF ACTIVITY BY CLASS | JAN-DEC 2022

	CAMP	CLINICS	SHOWS LICENSED	MISC	ORGANIZATIONAL	ORG-ADMIN	TOTAL ORGANIZATIONAL	SCHOOLING SHOW	YEAR-END AWARDS	NOT SPECIFIED	TOTAL
Revenue	\$10,750.00	\$700.00	\$158,200.66	\$0.00	\$15,362.99	\$0.00	\$15,362.99	\$12,293.15	\$0.00	\$0.00	\$197,306.80
GROSS PROFIT	\$10,750.00	\$700.00	\$158,200.66	\$0.00	\$15,362.99	\$0.00	\$15,362.99	\$12,293.15	\$0.00	\$0.00	\$197,306.80
Expenditures	\$10,873.24	\$3,071.62	\$134,840.24	\$0.00	\$12,216.27	\$21,022.57	\$33,238.84	\$11,312.83	\$3,514.40	\$0.21	\$196,851.38
NET OPERATING REVENUE	\$ -123.24	\$ -2,371.62	\$23,360.42	\$0.00	\$3,146.72	\$ -21,022.57	\$ -17,875.85	\$980.32	\$ -3,514.40	\$ -0.21	\$455.42
Other Revenue	\$0.00	\$0.00	\$0.00	\$0.00	\$1,045.03	\$0.00	\$1,045.03	\$0.00	\$0.00	\$0.00	\$1,045.03
Other Expenditures	\$0.00	\$0.00	\$0.00	\$480.00	\$0.00	\$1,795.42	\$1,795.42	\$0.00	\$0.00	\$0.00	\$2,275.42
NET OTHER REVENUE	\$0.00	\$0.00	\$0.00	\$-480.00	\$1,045.03	\$ -1,795.42	\$ -750.39	\$0.00	\$0.00	\$0.00	\$ -1,230.39
NET REVENUE	\$ -123.24	\$ -2,371.62	\$23,360.42	\$-480.00	\$4,191.75	\$ -22,817.99	\$ -18,626.24	\$980.32	\$ -3,514.40	\$ -0.21	\$ -774.97

October 1 - November 8 2022

NOVEMBER 2022 CHAMPIONSHIP & OPEN SCHOOLING SHOW

REVENUE

Services 4,053.15

Schooling Show Participant Fees 4,053.15

Total Services 4,053.15

Sponsorships Pd to VN 75.00

Total Revenue \$4,128.15

GROSS PROFIT \$4,128.15

EXPENDITURES

Schooling Shows 2,015.00

Facility Rental-SS 835.00

Judge Fee & Exp-SS 227.08

Lunch-Bkfst-Snacks-SS 0.00

Petty Cash Schooling Shows 1,075.84

Prizes-SS 4,152.92

Total Schooling Shows 4,152.92

Total Expenditures \$4,152.92

NET OPERATING REVENUE \$ -24.77

NET REVENUE \$ -24.77

VADA NOVA STATEMENT OF ACTIVITY BY CLASS | OCT-DEC 2022

	CAMP	CLINICS	LICENSED SHOWS	ORGANIZATIONAL	ORG-ADMIN	TOTAL ORGANIZATIONAL	SCHOOLING SHOW	TOTAL
Revenue								
Camp Attendees Fees	-200.00							\$ -200.00
Membership Fees				4,840.00		4,840.00		\$4,840.00
Services								\$0.00
Schooling Show Participant Fees							4,053.15	\$4,053.15
Total Services							4,053.15	\$4,053.15
Sponsorships Pd to VN							75.00	\$75.00
Total Revenue	\$ -200.00	\$0.00	\$0.00	\$4,840.00	\$0.00	\$4,840.00	\$4,128.15	\$8,768.15
GROSS PROFIT	\$ -200.00	\$0.00	\$0.00	\$4,840.00	\$0.00	\$4,840.00	\$4,128.15	\$8,768.15
Expenditures								
Camp Expenses								\$0.00
Camp Facility Fee	-300.00							\$ -300.00
Total Camp Expenses	-300.00							\$ -300.00
Clinic Expenses		40.00						\$40.00
Club Express					423.73	423.73		\$423.73
Legal & Professional Services					900.00	900.00		\$900.00
Licensed Show Expenses								\$0.00
Prizes			668.16					\$668.16
Refunds			140.00					\$140.00
Ribbons			49.21					\$49.21
Volunteer Gifts-LS			58.00					\$58.00
Volunteer Manager			500.00					\$500.00
Total Licensed Show Expenses			1,415.37					\$1,415.37
Morven Facility Security Deposit					-1,500.00	-1,500.00		\$ -1,500.00
Newsletter				901.50		901.50		\$901.50
Office Supplies & Software					711.62	711.62		\$711.62
Other Business Expenses					198.00	198.00		\$198.00
Schooling Shows								\$0.00
Facility Rental-SS							2,015.00	\$2,015.00
Judge Fee & Exp-SS							835.00	\$835.00
Lunch-Bkfst-Snacks-SS							227.08	\$227.08
Petty Cash Schooling Shows							0.00	\$0.00
Prizes-SS							1,077.12	\$1,077.12
Total Schooling Shows							4,154.20	\$4,154.20
Storage					1,784.46	1,784.46		\$1,784.46
USDF/VADA Member Exp				2,254.00		2,254.00		\$2,254.00
Total Expenditures	\$ -300.00	\$40.00	\$1,415.37	\$3,155.50	\$2,517.81	\$5,673.31	\$4,154.20	\$10,982.88
NET OPERATING REVENUE	\$100.00	\$ -40.00	\$ -1,415.37	\$1,684.50	\$ -2,517.81	\$ -833.31	\$ -26.05	\$ -2,214.73
Other Revenue								
Interest Earned				15.99		15.99		\$15.99
Reimbursement to VN				500.01		500.01		\$500.01
Total Other Revenue	\$0.00	\$0.00	\$0.00	\$516.00	\$0.00	\$516.00	\$0.00	\$516.00
NET OTHER REVENUE	\$0.00	\$0.00	\$0.00	\$516.00	\$0.00	\$516.00	\$0.00	\$516.00
NET REVENUE	\$100.00	\$ -40.00	\$ -1,415.37	\$2,200.50	\$ -2,517.81	\$ -317.31	\$ -26.05	\$ -1,698.73

**Full reports available in the Document Library at www.vadanova.org.*

ICYMI In Case you missed it...

BOARD MEETING MINUTES

VADA/Nova meeting minutes available at www.vadanova.org

→ Resources → Document Library → Board minutes

- **DON'T FORGET TO RSVP FOR THE MEMBER & VOLUNTEER APPRECIATION PARTY**
- **REMINDER: THE APRIL SHOW IS ONLY ONE DAY**
- **UPDATES FOR 2023 YEAR END AWARDS:**

A rider submitting for year end awards must complete 1 day of their own volunteer time.
A rider may receive a donation of volunteer hours from only:

- 1) one or more of the rider's students
- 2) the owner of a horse the rider is competing
- 3) a family member of the rider

- **UPDATED TESTS ANNOUNCEMENT DON'T FORGET TO CHECK FOR TEST CHANGES IN 2023**
- **REMINDER TO CHECK UPDATES TO USDF RULES FOR 2023**
- **DON'T FORGET TO CHECK YOUR SAFESPORT REQUIREMENTS BEFORE REGISTERING FOR SHOWS**



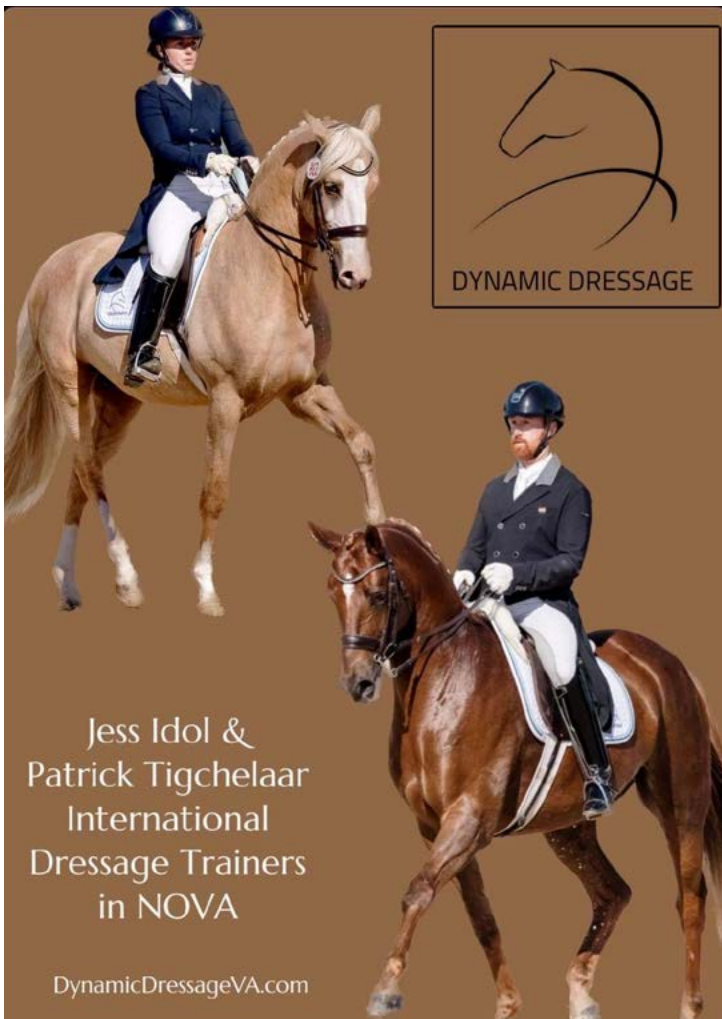
Find VADA/Nova on Instagram
at @vadanova_dressage



USDF HAS UPDATED TESTS!

2023 tests are effective from
12/1/2022 to 11/30/2026

Tests are available at
www.usdf.org

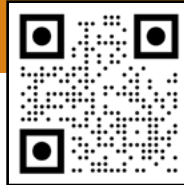


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DO YOU HAVE BIG NEWS TO SHARE?

We want to celebrate all your triumphs, big and small. Email
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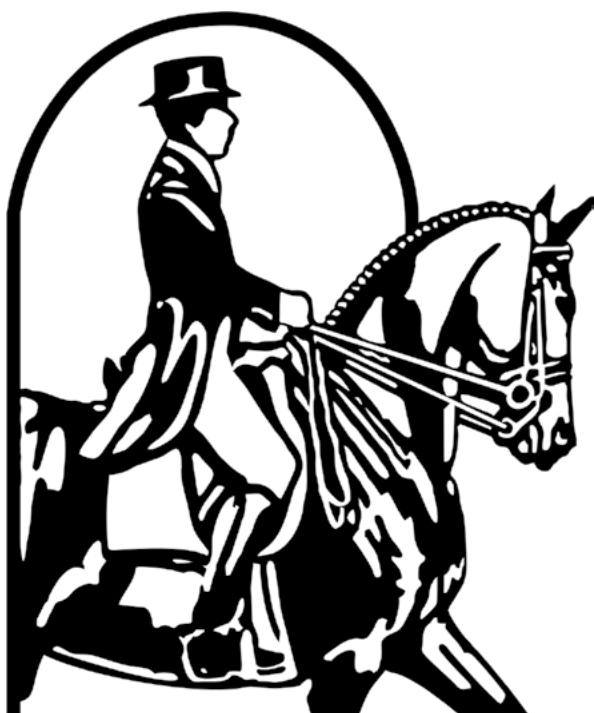
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