VADA/Nova, Inc. Newsletter

December 2022

Volume 51

Issue 5

Happy Holidays to All VADA/Nova Members!!

Diann Carpenter

Hope you all achieved your goals for this year and are looking forward to next year! We have outlined 2023 dates within this newsletter and will be working to set up 2024. We are continuing to learn more about our management platform and how it can be effectively used to provide you all with the information you need throughout the year; it has certainly been a learning process! We will be moving forward with StriderPro as the entry system for our schooling shows and other events for 2023. Licensed shows will continue to use Equestrian Entries/Fox Village as we have always done.

We have updated the Year-End Award process for 2022 and included it within this newsletter. We have also sent it to you via email, posted it to Facebook, and placed it on our website. We will be working to implement the process on the membership platform for 2023. Please pay attention to the dates outlined.

Please mark your calendars for our Year-End Award, Member and Volunteer Appreciation Party scheduled for February 26 at Ida Lee Park! More details will be forthcoming. Finally, we hope you all have a joyous Holiday Season!!!

Diann Carpenter

Diann Carpenter, VADA/Nova Board President

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ICYMI

VADA/NOVA IS HAPPY TO WELCOME THE FOLLOWING NEW MEMBERS:

A big VADA/Nova welcome to all of our new members! We hope to see you at one of our upcoming events either as a competitor, volunteer, or just to support friends and family.

Esther Brimmer
Irene Catania
Yasmin Khan-todd
Priscilla Muhlenkamp
Kathy Nappi

VADA/Nova Board Member Contacts

DIANN CARPENTER

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JUDITH GRASS

VICE PRESIDENT

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SECRETARY

LISA RICE

TRFASURFR

MARY CALLAN

JESSIE GINSBURG

VERONICA GOGAN

ANNE HARRINGTON

KATHY HIBBARD

RACHEL RICE

WEBSITES TO CHECK OUT

VADA/NOVA

www.vadanova.org

VADA State

www.virginiadressage.org

Region 1

www.USDFREG1.org

VN BOARD

vnboard@vadanova.email

PRESIDENT

president@vadanova.email

VICE PRESIDENT

Vice.president@vadanova.email

TREASURER

treasurer@vadanova.email

SECRETARY

secretary@vadanova.email

LICENSED SHOWS

Licensed.shows@vadanova.email

SCHOOLING SHOWS

Schooling.shows@vadanova.email

EVENTS

events@vadanova.email

GENERAL INFORMATION

info@vadanova.email

YEAR END AWARDS

Yearend.awards@vadanova.email

COMMUNICATIONS/MEDIA

communications@vadanova.email

MEMBERSHIP

membership@vadanova.email

VOLUNTEER

volunteers@vadanova.email

SPONSORSHIP

sponsorship@vadanova.email

Sunnybrook Farm Dressage



Rebecca Woodward-Davis Boarding/Lessons/Training

> 36654 Paxson Road Purcellville, VA 20132-3930 540-338-4573 rwoodwardd@gmail.com



VADA/Nova's website has a whole new look! Have you visited it recently? Check it out at www.vadanova.org.

• If you are looking for Year End Awards information, check under the About Us Tab!

- If you want to make a difference as a volunteer, make sure you log in as a member, then go to the **Volunteering Tab!**
- Looking for information on our Licensed Show? Make sure

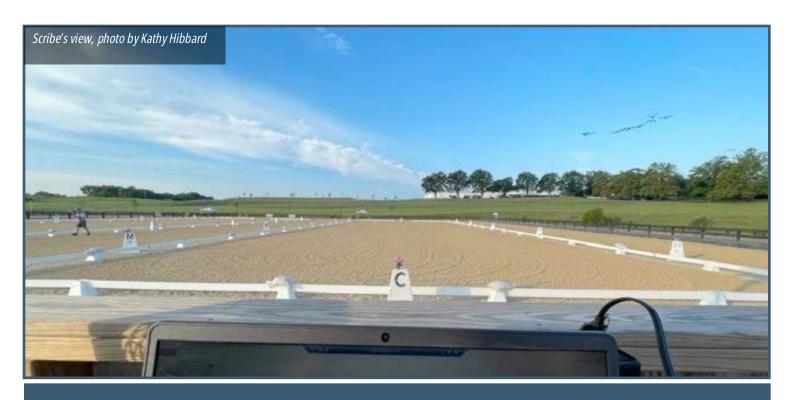
you visit our **Calendar Tab**, for complete information, click on the event you are interested in!

ATTENTION spiring Authors!

VADA/Nova needs aspiring authors to submit content for our newsletter. We are calling on trainers, veterinarians, and horse owners to share their knowledge with fellow VN members in an article submitted to the newsletter. Authors of published articles will receive half a day of volunteer time and 5 VN bucks. What a great way to earn







HIGH SCORE AWARDS: VADA/NOVA SUMMER WIND DOWN | 2022 • OVERALL

Congratulations to our High Score Competitors!

AWARD	RIBBON/PRIZE	RIDER	RIDER HORSE	
Training	HS Ribbon	Lauren Sprieser	Coilldearmad Rowan	77.759%
First	HS Ribbon	Marianne Campano	·	
Second	HS Ribbon	Alison Spivey	Dansero	67.976%
Third	HS Ribbon	Emma Ayre	Izzy-V	68.875%
Fourth	HS Ribbon	Abby Gibbon	,	
MFS Combined	HS Ribbon,	Abby Gibbon	Sumatra	76.333%
PSG	HS Ribbon,	Wanja Gerlach	Weltwist	68.382%
FEI(I-1,I-A, I-B, I-2, GP)	HS Ribbon	Donna Gatchell	Reflection	71.471%
JR/YR	HS Ribbon/ Gift Cert	Claire Wheeler	Fuego 88	70.972%
AA	HS Ribbon/ Gift Cert	Kelly Rose	Kelly Rose Hinososa CDF	
Open	HS Ribbon/ Gift Cert	Lauren Sprieser	Coilldearmad Rowan	77.759%
VADA/Nova Member – AA	Ribbon	Marianne Campano	Criss Cross	74.583%
VADA/Nova Member - Open	Ribbon	Donna Gatchell	Donna Gatchell Reflection	
VADA/Nova Member – JR/YR	Ribbon	N/A		
GMO Team	Ribbon/Prize	Sycamore Sisterhood		66.944%



HIGH SCORE AWARDS: VADA/NOVA SUMMER WIND DOWN II 2022 • OVERALL

Congratulations to our High Score Competitors!

		_		
AWARD	RIBBON/PRIZE	RIDER	HORSE	SCORE
Training	HS Ribbon	Kelly Rose	Hinosoa CDF	75.769%
First	HS Ribbon	Brittany Hebits	Finishing Touch	72.241%
Second	HS Ribbon	Deborah Anderson	Falcouner CDF	66.892%
Third	HS Ribbon	Emma Ayre	Izzy-V	74.750%
Fourth	HS Ribbon	Erin Sweeney	Lothian	69.103%
MFS Combined	HS Ribbon	Donna Gatchell	Don Tiago	79.333%
PSG	HS Ribbon	Kristen Ortt	Rita Mae Johnson	71.176%
FEI(I-1,I-A, I-B, I-2, GP)	HS Ribbon	Donna Gatchell	Reflection	70.946%
JR/YR	HS Ribbon/ Gift Cert	Paige Ramsey	MTF Cooley	71.857%
AA	HS Ribbon/ Gift Cert	Kelly Rose	Hinosoa CDF	75.769%
Open	HS Ribbon/ Gift Cert	Annie Trice	Finale CHL	74.655%
VADA/Nova Member – AA	Ribbon	Marianne Campano	Criss Cross	74.582%
VADA/Nova Member - Open	Ribbon	Donna Gatchell	Reflection	70.946%
VADA/Nova Member – JR/YR	Ribbon	N/A		



PLATINUM

West Financial Services https://www.westfinancial.com/

Amy York

GOLD

VTO Saddlery https://www.vtosaddlery.com/

SILVER

Southern States of Purcellville VA https://southernstatespurcellville.com/

BRONZE

Michelle and Al King

Dr. Mia Lee, Solstice Equine Vet Service http://solsticeequine.com/

Mary Flood,
Wildfire Farm
https://www.wildfirefarm.com/

Kate Hall, Aster Equine Photography www.asterequine.com



A big Thank You to our Summer Wind Down volunteers...

Susanne Brammerts
Judy Brescia
Shadaun Brown
Julianne Brownson
Scott Carpenter
Suzanne Cotter
Brittany Croll
Rachel Demarcus
Beverly Dickerson
Susan Dunk
Elise Enoch
Jessie Ginsburg
Judith Grass
Kathy Hibbard

Jess Howard
Megan Irby
Carolyn Jackson
Abigail Just
Patty Knight
BJ Lachner
Kathy Mathers
Lisa Rice
Rachel Rice
Cathy Scholten
Jenny Spain
Sue Thomas
Jennifer Wright

...we couldn't do it without you!



Find complete show results posted on the calendar entry for the show.

Special Thank You to Aster Equine for our Summer Wind Down photos.

www.asterequine.com

WHEN A SCHOOLING SHOW GETS TOO BIG...

By Rachel Rice

Every year, the board discusses the Championship Show. Should it be two rings? Will the weather support outdoor competition? Will we get enough entries? Is it worth it to hire two judges? Last year, the board opted to limit the Championship and Open Schooling Show to one, indoor, ring. Then we started getting entries... Lots and lots of entries! We had so many people qualify for the show with so many wonderful partner shows. We had quite a few entries in Open classes, both members and non-members. What to do?

We kept it limited to one ring, hired a second judge to take over for the afternoon of open classes, and put a schedule together. Jon Kreitz stepped up to Secretary this show, and did a great job. We scheduled all the warm-up and championship classes for the morning with a very-close-to-sunrise start of 7:30 am. How long did that mean we would go? Very-close-to-sunset end time was the answer. In fact, we were there well before and after the sun, but thankfully, we had amazing weather.

First to show up, two amazing (new) volunteers, the Niles family. Teagan had earned a spot in the Training Level Championships and she and her mom made a fabulous team at the awards table. We had Stevie LeCain as our stalwart steward all day, thank you so much for sticking it out with us. Susan Dunk and Sheli King traded off scribing midday, and all the comments and scores were clear. We had scoring team extraordinaire with Barb Pickering and Lisa Rice from start to finish. Scott Carpenter helped run tests, he certainly got his steps in.

Pretty soon it was getting light out and we had competitors starting to roll in. Lunch was a fun affair with a sponsored Competitor Lunch, courtesy of the Lachner family, thank you! We had high scores awarded to Naomi Wightman (Jy/Yr), Jill Widdifield (Adult Amateur), and Marianne Campano (Open) as members, they each receive gift certificates, sponsored by VTO Saddlery and Michelle and BJ Lachner. If you are interested in more photos, check out Aster Equine Photography (asterequine.com).

Overall, it was a great day full of smiles and excitement, a great experience for many members and their cheering sections. We had over 60 horse and rider pairs come down centerline, and everybody ended the day with cheer, prizes, and ribbons. Thanks to everyone who supported this show and we hope to see you out competing and volunteering in 2023!



Congratulations Cheryl Sherman and Fandango! Photo by Kate Hall/Aster Equine Photography



Congratulations Talia Czapski and Capitan! Photo by Kate Hall/Aster Equine Photography



Congratulations Jessica Howard and WHF Rhodesian Sky +! Photo by Kate Hall/Aster Equine Photography



2022 VADA/NOVA YEAR END AWARDS UPDATES

1.LICENSED SHOW YEAR END AWARDS:

a.Licensed Show Scores will be obtained from the USDF website b.Licensed Show Amateur Status will be confirmed from the USDF record of the rider

c.New in 2022: Dressage At Lexington (DAL) scores count as VADA/ Nova scores

d.The number of VADA/Nova scores required is reduced:

- •For USEF-Levels six (6) scores are required and two (2) must be VADA/Nova Scores
- •For FEI and MFS four (4) scores are required and one (1) must be a VADA/Nova Score

2.SCHOOLING SHOW YEAR END AWARDS:

a. Schooling Show Scores from VADA/Nova and VADA/Nova Partner Shows are maintained by VADA/Nova in the Scoreboard.

b.Any scores obtained outside of VADA/Nova or Partner Shows must be submitted directly to yearend.awards@vadanova.email c.All scores must have been obtained by 30 November of the current year.

3.CHANGES FOR ALL AWARDS:

a.For FEI Intermediate A/Intermediate B and Intermediate II will be combined as a single level award, and any combination of scores from those levels will be allowed for the combined award.

b. Volunteer Time is reduced to 1 day

PROCESS:

1. All members wishing to receive Year End Awards of any type must submit an email to yearend.awards@vadanova.email. Please submit a separate email for each combination. The email should have the subject line: 2022 Year End Award Information <Rider Name><Horse

Name>The following information MUST be supplied in the email body:

- 1.1. Rider Full Name
- 1.2. Horse Full SHOW Name
- 1.3. The Level(s) requested for licensed show year-end awards
- 1.4. Indicate whether Amateur, Open, or Junior/Young Rider. Junior/Young Riders need to submit birthdate. Anyone who does not indicate their category will be placed in the Open section.
- 1.5. Name of Trainer
- 1.6. For special awards based on Age of Horse (18 or over) or gender (mare), please attach proof of eligibility (e.g., Coggins)
- 1.7. How the Volunteer Requirement is met:
 - 1.7.1. The rider met the requirement by completing the day of volunteering
 - 1.7.2. The rider relied on <Name> to complete the day of volunteering

AWARD TIMELINE:

- All Year End Award information must be submitted by 12/12/2022
- VADA/Nova will publish a draft of the year end award placings for final review by 12/19/2022
- Members will have until 12/23/2022 to report any issues by sending an email to yearend.awards@vadanova.email
- The VADA/Nova Year End Awards, Volunteer Recognition and Member Appreciation Party at which all awards and volunteer recognition will be distributed will be held 02/26/2023 at Ida Lee Park. More information will be provided in January 2023.

Any questions should be directed to yearend.awards@vadanova.email

2023 EVENTS EACH OF THESE EVENTS HAVE VOLUNTEER OPPORTUNITIES, TOO!

DATE	TITLE	LOCATION
February 05, 2023	VADA 2022 Year End Awards Banquet	Greencroft Country Club, Charlottesville VA
February 20, 2023	Judges' Roundtable	Ida Lee Recreation Center
February 26, 2023	Annual Awards/Member Party/General Meeting	Ida Lee Recreation Center
March 18, 2023	Spring Schooling Show	Morven Park Equestrian Center
March 19, 2023	Learn the New Tests! Fix-A-Test	Morven Park Equestrian Center
April 08, 2023	Spring Dressage Competition	Morven Park Equestrian Center
May 17, 2023	Midweek May Meet	Morven Park Equestrian Center
June 10, 2023	Summer Dressage Festival	Morven Park Equestrian Center
June 11, 2023	Summer Dressage Festival	Morven Park Equestrian Center
July 26, 2023	Dressage Camp	Frying Pan Park
July 27, 2023	Dressage Camp	Frying Pan Park
July 28, 2023	Dressage Camp	Frying Pan Park
July 29, 2023	Dressage Camp	Frying Pan Park
August 05, 2023	August Schooling Show	Morven Park Equestrian Center
August 26, 2023	VADA/Nova Summer Wind Down I and II	Morven Park Equestrian Center
August 27, 2023	VADA/Nova Summer Wind Down I and II	Morven Park Equestrian Center
November 04, 2023	VADA/Nova Fall Open and Schooling Show Championship	Morven Park Equestrian Center

SPECIAL THANK YOU TO ASTER EQUINE FOR OUR SCHOOLING SHOW CHAMPIONSHIP PHOTOS.

www.asterequine.com

VADA/NOVA VOLUNTEER BUCKS PROGRAM

By Lisa Rice

Any successful organization values its membership and VADA Nova is no exception. We firmly believe that the strength of our chapter is due entirely to the efforts and countless hours put in by so many willing and dedicated volunteers.

One of the ways in which VADA Nova has "given back" to our volunteers has been our Volunteer Bucks program, allowing members (AND non-members) to convert the time and efforts donated to the chapter into credit toward memberships, schooling shows, clinics, awards functions and merchandise from participating businesses.

Starting in 2022, member and non-member volunteers now have access to Volunteer Bucks in their individual profiles on the website. These are found in the Payments/Credit History link under the "Histories" module. Approved and verified volunteer time will be listed, and Volunteer Bucks credits deposited, in each volunteer's profile. Volunteer Bucks credits currently listed on the website are only for 2022 volunteer activities.

The Board has been working over the past year to upgrade our website and our member's on-line experience. One of the areas which the Board feels is also in need of updating is the Volunteer Bucks program. The past practice has been to issue paper Bucks to each volunteer by the activity manager. The biggest obstacle in administering that practice is that we did not have a workable procedure by which VADA Nova could track the Bucks over time and determine what was issued and how many were still outstanding. With that in mind, and in the interests of our fiduciary responsibilities to the organization, the Board is instituting the following changes:

PAPER BUCKS CONVERSION

Any members that are in possession of paper Bucks can turn them in to the Treasurer by March 31, 2023 for conversion to electronic "Bucks" credits that will then be deposited into each individual's member profile. After 3/31/23 the paper Bucks will no longer be valid.

EXPIRATION DATES

Electronic Bucks issued into members' profiles for 2022 volunteer time, as well as any paper Bucks that are returned and converted will have an expiration date of 12/31/23. Going forward, electronic Bucks for 2023 activities and beyond will expire one year from the date of the activity in which the volunteer time was earned.

Currently the website is under construction to add a "Storefront" which will provide volunteers the access to purchase gift certificates with their electronic Bucks from our participating businesses/vendors (VTO, MKR Designs and Aster Photography), and we hope to have it up and running in the very near future. Additionally, we are in the process of exploring and soliciting participation in our volunteer "Bucks" program by other interested businesses/vendors. Any additions and further updates to the program will be announced in the future.

If you wish to convert paper Bucks to electronic credits in your member profile, please forward them before March 31, 2023 to:

Lisa Rice, Treasurer 1456 Greenmont Court Reston, VA 20190

OUR EVENTS ARE MADE POSSIBLE BY OUR WONDERFUL VOLUNTEERS!

Thank you to each and every one of our VADA/Nova Championship volunteers...

Scott Carpenter Nicole Niles
Talia Czapski Teagan Niles
Susan Dunk Barb Pickering
Abigail Just Lisa Rice

Michelle King Stevie LeCain



Sue Thomas

A PLAY IN FOUR ACTS DRESSAGE IS A JOURNEY- COMPLETE WITH DETOURS

Jessie Ginsburg Gifted Fund Grant Write-Up

BACKSTORY:

Our protagonist, Jessie Ginsburg, received a generous Gifted Memorial Fund Grant from The Dressage Foundation to train with noted dressage professional Jeremy Steinberg in Aiken, South Carolina. As noted in their application, the intent of the week is to spend quality bonding time with her beloved KWPN gelding Vodermus, aka Vodie, and work on Grand Prix movements.

CAST OF CHARACTERS

JEREMY STEINBERG: Jeremy is an experienced rider, clinician and writer whose base of operations is in Aiken, SC. He began riding dressage as a youth and won the Gold Medal at the NAYRC in 1996. He has trained numerous horses to Grand Prix, competed in high performance classes, and served as the USEF Youth Dressage Coach. He now conducts clinics all over the world.

LUCY TIDD: Lucy is an extremely accomplished amateur rider who owns Locks Edge Farm, a lovely boarding facility in Poolesville, MD. She is also a practicing small animal vet. Lucy owns Ellert, a Grand Prix horse who she bought as a three-year-old; Lola, a massive chestnut mare who has competed through 4th Level; and a couple of younger horses. Jeremy holds periodic clinics at Locks Edge, and Lucy recently built a farm in

Aiken so that she could train with Jeremy over the winter.

SIOBHAN BYRNE: Siobhan is Jessie's regular trainer. Siobhan is a Gold, Silver and Bronze medalist whose base of operations is at Locks Edge. Her current primary competition horse is Hans, a stunning black KWPN gelding who Siobhan has competed successfully through PSG. Siobhan does an annual boot camp week of training in the spring; in 2022 she planned to take Hans to train with Jeremy for a week, as they prepare to enter some CDIs this year.

JESSIE GINSBURG: Jessie is an amateur rider and "r" dressage judge who works for the federal government in Washington, DC. She spends all of her disposable income and most of her leisure time on dressage pursuits. She rode hunters and equitation in her youth, and her dressage journey began in the early 90's when she transitioned to dressage. She bought her first dressage horse when she was in her 30's and worked her way up the levels on a variety of horses. She now owns Vodie, a 19-year-old KWPN gelding, who she purchased in 2017 as a small tour schoolmaster. It turned out that Vodie had aptitude for higher level movements, particularly piaffe. So, with much help from Siobhan, Jeremy, and other clinicians, Jessie was able to compete at Intermedi-



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are-2 at the end of 2021. Upon being awarded a TDF Gifted Memorial Fund Grant, she rearranged her work schedule so she could tag along with Siobhan and Hans on their training trip to Aiken.

ACT I: THE ADVENTURE BEGINS

Jessie and Siobhan uneventfully load Vodie and Hans and leave Locks Edge just after 7 am on a Saturday for the approximately 9 hour drive. They make it through the entire Washington, DC metropolitan area without any highway drama. Once on I-95, the GPS announces, "turn right in 354 miles." There is no major traffic, no accidents, two pit stops; other than some comical billboards, the scenery is rather boring too. [The audience keeps checking their watches.]

The trailer arrives at Locks Edge South at about 4:30 pm. Both horses traveled well. The facility just opened this week (!), so Vodie and Hans are the first residents of their respective stalls, each of which has a bluestone porch right outside the stall that opens to a large individual paddock. They seem to settle in well to their stalls, but are quite theatrical in their paddocks so are limited to their porches for the remainder of the Act.

ACT II: THE TRAINING PLAN BEGINS

SCENE 1: It is cold and rainy in Aiken (ironically, sunny and in the upper 50's in Maryland). Vodie is tense and wild, as he typically is in unfamiliar surroundings, though he usually settles down within a ride. In Jessie's lesson, Jeremy works to get Vodie to relax by encouraging more longitudinal telescoping of his frame. Flashback: when Vodie gets tense, Jessie

usually rides his frame more long and low; but Jeremy observes that this strategy keeps him too curled and closed in his throatlatch. As he relaxes, Jeremy advises Jessie to encourage Vodie to take longer steps and reach out to the bit even more with a higher poll. The relaxation is tested by doing stretchy circles in the trot, and bringing his poll up without losing the swing or closing his poll angle. They then add trot-canter transitions, and work on the same adjustability in his topline and stride length. By the end of the ride, Vodie more willingly accepts a long rein and stays relaxed and rideable. But there is no time to work on any Grand Prix movements.

INTERLUDE:

Lucy's lesson on Ellert. Because Ellert can take over in the tempis, Jeremy has Lucy ride a few twos or ones, and immediately canter a small circle, then resume the changes. Ellert makes all the changes look effortless. Flashback: two years ago, when he was starting Grand Prix, Ellert was much less confirmed in the ones. The improvement in the quality and confidence in the tempis is dramatic. Jessie feels there may be hope for Vodie, who is likewise struggling to maintain composure in the one-tempis (along with his rider!).

SCENE 2: Early morning lesson. Vodie starts off a little tense but somewhat better than yesterday. Jessie continues making sure he stays up in the poll and actively moving into the contact. He tends to hide from the left bend, so they work on bending honestly to have him fill out the right rein more without dropping his poll. At the canter, they work on haunches in on a circle so the positioning and circle help keep him from running off while allowing him to soften his topline and bend honestly. They work on trot-walk and trot-canter transitions to test Vodie's reac-



tions while keeping him actively forward, and small changes in stride length both trot and canter. At the end of the ride, Jeremy remarks that it is the best trot he has ever seen from Vodie. Yay! But he is still not settling quickly enough to work on any Grand Prix movements.

Interlude: Because Lucy has had to return to Maryland to attend to her vet practice, Jessie gets to hack Lola, while Siobhan takes Lucy's adorable German Shepard puppy, Ella, on a walk. Lola is amazing on trails — she doesn't spook at anything and just motors along. In prior rides, Lola singlehandedly got Jessie over her fear of riding large horses; she is so comfy she is like riding a sofa, and so huge that maybe a better analogy would be a sectional. It is so nice to have a relaxing ride!

SCENE 3: Barn chores. Flashback: The last time Jessie did daily barn chores was when she worked at a hunter show barn during the summers when she was in high school and college. At that time, she shared a single-wide trailer parked next to the indoor ring with two other barn help. This time, she is staying in Lucy's lovely house, steps from the barn. She muses how nice it is being 30 seconds from the barn, instead of the usual hour-ish commute in Washington, DC traffic.

SCENE 4: The covered arena, starting with Siobhan's lesson on Hans. Hans appears very settled in his attitude and is getting some lovely cadence in the trot and active piaffe steps. He is mostly ignoring Vodie's insistent calling. Jessie warms up Vodie while Hans is completing his ride, and Vodie stays relaxed even after Hans leaves. Jeremy has Vodie start in the canter, working on keeping him straight, in shoulder-fore, and attentive to small variations in stride. They then work on flying changes, entering from his uphill, forward canter. Some of the changes are good, but Vodie tends to be less responsive to the left-to-right change. When Jessie responds by making her aid stronger, he launches her slightly out of the saddle, causing her right leg to move, which then induces a one-tempi. [The audience giggles.] So they work on a zero-tolerance policy for responsiveness to the left change aid. They then

work on piaffe. Vodie has a lot of talent for piaffe, but can get against the hand and then backs up, etc. Jeremy diagnoses this as a lack of being honestly in front of the leg. And again, Jessie's position was a large part of the problem – she needed make sure she stayed at the vertical with a longer rein instead of being pulled forward and out of the saddle, and shortening her reins to compensate. They work on doing just a few piaffe steps, and then pushing into a connected walk. This proved to be more difficult than it sounded. But after a couple of laps they were able to successfully execute active, soft transitions from piaffe to walk and back. [The audience sighs with jealousy.]

INTERMISSION

Today's is Vodie's off day. Jessie watches Lucy's lesson on Ellert, which was focused on activity in the piaffe. Ellert is a very powerful horse, but wants his energy to cover ground instead of collecting. It was interesting to see how Lucy was increasingly able to channel the energy into loftier but equally powerful steps. Jessie spends the rest of the day visiting work friends in Columbia, SC. In the evening, Lucy hosts an informal dinner party with Jeremy and some other horsy friends, resulting in spirited discussions about dressage. Jessie (who is a USDF PM delegate) ends her evening on the USDF Region 1 Zoom meeting. [The audience snoozes.]

ACT III: THE DETOUR CONTINUES

Vodie is still not settled into his routine. He remains quite tense to ride, and the lessons continue to focus on basics. On Friday, Jeremy remarks that Vodie looks OK in the warmup, but he still feels tight and crooked to Jessie. So Jeremy gets on him. It becomes clear how Jeremy has attempted to address Vodie's tension. Jeremy keeps driving forward without holding him in the hand. When Vodie tries to charge forward when the contact is released, Jeremy would do a down transition and ask him again to engage without letting him take over the contact. He would lightly tickle Vodie with the whip to encourage engagement. [Side

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bar to the audience: Jeremy felt that Jessie tends to micromanage Vodie's crookedness before he was engaged enough. The Training Scale has impulsion before straightness, so this was basically focusing on the wrong issue first.] Jessie gets back on Vodie at the end of the ride and can better feel what Jeremy has been explaining. Again, there is no bandwidth remaining to work on Grand Prix movements.

After the ride, Vodie is quite sweaty, so Jessie gives him a bath, which he usually loves at home. Vodie constantly screams for Hans. At home, when put back in his stall, Vodie will first gently nuzzle for a treat. Today, after Jessie removes his halter in his stall, Vodie immediately exits out the back door. There are tears in her eyes as she sees Vodie running off to see Hans. It reminds her of a family vacation, when the parents want to bond with their children, but the kids instead spend all their free time with their friends. [The audience sighs pityingly.]

ACT IV: BACK ON TRACK

It is the final lesson of the training trip. After barn chores, Jessie gets ready for an early lesson. Hans has the first ride of the day, so he is already out of his stall. To Jessie's surprise, Vodie is calmly munching hay in his stall, and when he sees her, he comes to the front of the stall to ask for his welcome carrot. Jessie grooms and tacks up Vodie in his stall, something she always does at home, but it is the first time this week that she has not had to groom him in the wash stall. They walk up to the ring on a loose rein.

Hans is still in the ring as they begin a relaxed warmup, and Vodie stays relaxed and obedient even after Hans leaves. The lesson quickly progresses to work on the quality of the trot and canter; this is the most consistent Vodie has been all week. In the canter they work on keeping an active, engaged canter and add some single flying changes. The changes are nicely through and expressive.

After a walk break, they work on recreating Vodie's "big" uphill trot, then channeling it into a passage. Jeremy constantly reminds Jessie to push into the passage instead of holding, keeping the hind legs active and the

poll up, and thinking about keeping Vodie round by tickling his hind legs under instead of trying to change the frame with the reins. Vodie does some expressive, lofty passage steps – the best he has ever done. After several repetitions, the focus on pushing and staying back rather than holding with a short rein becomes better established.

After the ride, Vodie gets a relaxing bath and is served many carrots. It is a beautiful sunny day, and Jessie smiles as she takes Vodie back to his stall/paddock to rejoin Hans.

For the rest of the day, Jessie, Lucy, and Siobhan go to a local show facility to watch the cross country phase of an amazing local eventing benefit which features many international riders. They then return to the farm to pack for the trip back to Maryland. [Set fades to black as the trailer pulls out of the driveway at 7 am the next morning.] Nine hours later, they arrive safely at the barn.

[The audience applauds politely as the curtain falls.]

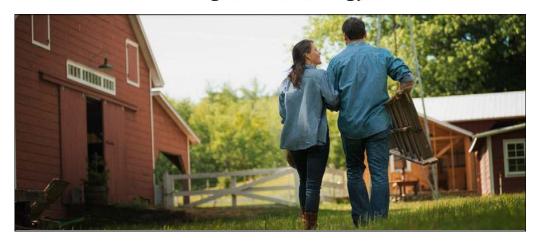
EPILOGUE – THE JOURNEY CONTINUES

Was this the training week Jessie had planned? Did she defraud The Dressage Foundation by failing at bonding and only working on Grand Prix movements for two of the six lessons?

This week was a reminder that like many journeys, in dressage you don't always reach your destination in the way or with the timing you expect. But it's important to listen to your horse and respect what he is ready for during different legs of the trip, and make sure you keep your eye on the ultimate destination through the unscheduled detours and derailments. Despite the unanticipated challenges of my training week, I am thankful that I had the opportunity to help my horse work through his reactions to an unfamiliar environment with the benefit of amazing professional assistance. I am grateful to The Dressage Foundation for supporting this leg of my journey, and am hopeful that our next act (sequel?) will include more progress toward my dressage goals.



Your goals. Our strategy.®



West Financial Services (WFS) is proud to support VADA/Nova as a Platinum Sponsor. We have built a firm dedicated to taking a conservative and ethical approach to growing and protecting clients' wealth and prosperity. Since our inception in 1982, WFS has provided financial services on a fee-only basis, acting as a fiduciary for clients, offering financial planning, investment management, and retirement plan consulting services.

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Best of luck to all competitors and stay safe!







Brian J. Horan, CPWA®, Relationship Manager

2010 Corporate Ridge Road, Suite 530, McLean, Virginia 22102 (703) 847-2500 www.westfinancial.com

TREASURER REPORT 3RD QUARTER 2022 FINANCIAL ACTIVITY

Lisa Rice

The VADA NOVA 3rd quarter financial activity report reflects overall revenue and expenses for a very active period. Net revenue totals \$12,032.66 for the period July through September.

The quarter's activities commenced with the July Dressage Camp at Frying Pan Park in Herndon, Virginia followed by 2 shows in August; the August 6th Schooling Show at Morven Park, and our biggest licensed show of the year, the Summer Wind Down I and II at Morven Park. Separate Profit and Loss reports are included here for these activities.

The costs of the Dressage Camp in July at Frying Pan Park were supported in part by two \$1,000 educational grants received by both the USEF and USDF. These grants, along with the participant fees, allowed VADA Nova to incur a very small loss of \$158.24

Our August 6th Schooling Show at Morven Park attracted a healthy number of entries, necessitating the need for a second ring and judge. The net profit for this schooling show, per the report, was \$1,768.27.

The Summer Wind Down I and II licenses shows were extremely well attended on both the Saturday and Sunday, allowing us to realize a net profit of \$22,901.10.

Please feel free to address any specific questions to treasurer@vadanova.email

Profit and Loss by Tag Group

July - September, 2022

AUGUST 2022 SUMMER WIND DOWN

I AND II	
REVENUE	
Licensed Show Vendor Booth-Banner	250.00
Services	
Licensed Show Participant Fees	75,548.66
Total Services	75,548.66
Total Revenue	\$75,798.66
GROSS PROFIT	\$75,798.66
EXPENDITURES	
Licensed Show Expenses	
Announcer	600.00
Carts & Parts	680.00
EMT	550.00
Facility Fee	21,840.00
Farrier	300.00
Hotel-Officials	1,911.78
Licensed Shows Food	1,329.93
Office/General Administrative Expenditures	772.52
Officials-Judge Fees	4,435.00
Officials-Judge Travel Expenses	1,668.67
Officials-TD Fees	600.00
Officials-TD Travel Expenses	449.36
Petty Cash	120.00
Refunds	1,225.00
Secretary	2,790.00
Security	672.00
Show Manager	900.00
Stable Manager	250.00
Travel-Other Lic Show Workers	499.25
USDF	3,007.60
USEF	7,996.45
Veterinarian	300.00
Total Licensed Show Expenses	52,897.56
Total Expenditures	\$52,897.56
NET OPERATING REVENUE	\$22,901.10
NET DEVENUE	422 004 40

\$22,901.10

NET REVENUE

^{*}Full reports available in the Document Library at www.vadanova.org.

Profit and Loss by Tag Group

July 8 - September 2, 2022

AUGUST 2022 SCHOOLING SHOW

REVENUE	
Services	
Schooling Show Participant Fees	5,035.00
Total Services	5,035.00
Total Revenue	\$5,035.00
GROSS PROFIT	\$5,035.00
EXPENDITURES	
Schooling	Shows
Facility Rental-SS	2,170.00
Judge Fee & Exp-SS	781.25
Lunch-Bkfst-Snacks-SS	180.48
Petty Cash Schooling Shows	110.00
Prizes-SS	25.00
Total Schooling Shows	3,266.73
Total Expenditures	\$3,266.73
NET OPERATING REVENUE	\$1,768.27
NET REVENUE	\$1,768.27

Profit and Loss by Tag Group

July - September, 2022

DRESSAGE CAMP 2022

REVENUE	
Camp Attendees Fees	8,950.00
Grants	2,000.00
Total Revenue	\$10,950.00
GROSS PROFIT	\$10,950.00
EXPENDITURES	
Camp	Expenses
Camp Facility Fee	2,425.00
Camp Food	1,090.61
Camp Instructor Fees	5,170.00
Camp Instructor Hotel	879.20
Camp Instructor Travel Exp	547.00
Camp Security	974.50
Camp Supplies	21.93
Total Camp Expenses	11,108.24
Total Expenditures	\$11,108.24
NET OPERATING REVENUE	\$ -158.24
NET REVENUE	\$ -158.24

STATEMENT OF ACTIVITY BY CLASS

July - September , 2022

<u> </u>	CAMP	LICENSED SHOWS	ORGANIZATIONAL	ORG-ADMIN	TOTAL ORGANIZATIONAL	SCHOOLING SHOW	YEAR END AWARDS	NOT SPECIFIED	TOTAL
Revenue									
Camp Attendees Fees	6,410.00								\$6,410.00
Grants	1,000.00								\$1,000.00
Licensed Show Vendor Booth-Banner		250.00							\$250.00
Membership Fees			825.00		825.00				\$825.00
Services									\$0.00
Licensed Show Participant Fees		75,728.66							\$75,728.66
Schooling Show Participant Fees						5,035.00			\$5,035.00
Total Services		75,728.66				5,035.00			\$80,763.60
Total Revenue	\$7,410.00	\$75,978.66	\$825.00	\$0.00	\$825.00	\$5,035.00	\$0.00	\$0.00	\$89,248.66
GROSS PROFIT	\$7,410.00	\$75,978.66	\$825.00	\$0.00	\$825.00	\$5,035.00	\$0.00	\$0.00	\$89,248.66
Expenditures									
Camp Expenses	11,108.24								\$11,108.24
Club Express				840.12	840.12				\$840.12
Insurance				1,120.00	1,120.00				\$1,120.00
Legal & Professional Services				1,658.00	1,658.00				\$1,658.00
Licensed Show Expenses		54,085.17							\$54,085.17
Newsletter			800.35		800.35				\$800.35
Office Supplies & Software				250.00	250.00				\$250.00
PayPal				-0.21	-0.21			0.21	\$0.00
Postage				25.38	25.38				\$25.38
Schooling Shows						3,823.53			\$3,823.53
Storage				1,711.64	1,711.64				\$1,711.64
Strider Pro				688.71	688.71				\$688.71
Taxes & Licenses			25.00		25.00				\$25.00
USDF/VADA Member Exp			738.00		738.00				\$738.00
Volunteer Buck Reimbursement			30.00		30.00				\$30.00
Year End Prizes-Awards							313.00		\$313.00
Total Expenditures	\$11,108.24	\$54,085.17	\$1,593.35	\$6,293.64	\$7,886.99	\$3,823.53	\$313.00	\$0.21	\$77,217.14
NET OPERATING REVENUE	\$ -3,698.24	\$21,893.49	\$ -768.35	\$ -6,293.64	\$ -7,061.99	\$1,211.47	\$ -313.00	\$ -0.21	\$12,031.52
Other Revenue	\$0.00	\$0.00	\$1.14	\$0.00	\$1.14	\$0.00	\$0.00	\$0.00	\$1.14
NET OTHER REVENUE	\$0.00	\$0.00	\$1.14	\$0.00	\$1.14	\$0.00	\$0.00	\$0.00	\$1.14
NET REVENUE	\$ -3,698.24	\$21,893.49	\$ -767.21	\$ -6,293.64	\$ -7,060.85	\$1,211.47	\$ -313.00	\$ -0.21	\$12,032.66

^{*}Full reports available in the Document Library at www.vadanova.org.

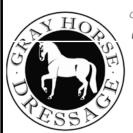
In Case you missed it..

BOARD MEETING MINUTES

VADA/Nova meeting minutes available at: www.vadanova.org



Find VADA/Nova on Instagram at @vadanova_dressage



Joanna Gray-Randle "I"

DRESSAGE INSTRUCTION & CLINICS INTRO - GRAND PRIX

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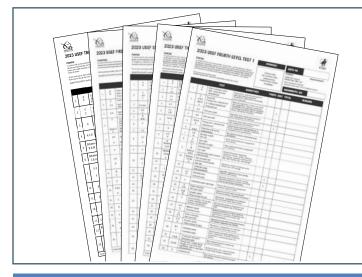
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USDF HAS UPDATED TESTS!

2023 tests are effective from 12/1/2022 to 11/30/2026

Tests are available at www.usdf.org



DO YOU HAVE TO SHARE?

We want to celebrate all your triumphs, big and small. Email communications@vadanova.email to share.





Bits & Dieces

Hello,

I just wanted to drop you a quick line to thank you very much for yesterday. Everything ran so smoothly and both Taboo, myself and my husband had a very enjoy able morning. As a total newcomer to the world of dressage it was a great experience (even though I had to own 2x errors (and the embarrassment) in our warm up TOC) and was especially appreciated, as Taboo and I

have had one silly little ailment
after another that had prevented us from com
peting for almost all of the season. So when I
received an email to say we had qualified for
your show I was over the moon as I had totally
given up on the year!!

So after what has seemed to be an endless stream of vet bills, thank you again for put ting a smile on my face and a ribbon around Taboo's neck.

Kind regards,

Michelle Adamson.



Congratulations to Lucy Tidd for her success at Region One Championships!



Congratulations to Patrick Tigchelaar and O'Captain for the Intermediaire Reserve Champion win at U.S. Dressage Finals.



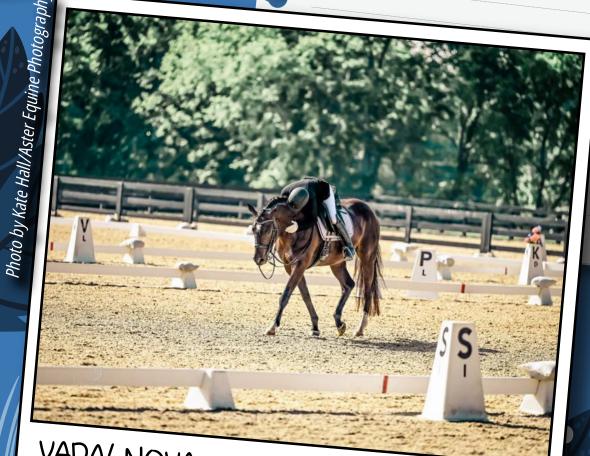
Congratulations to Jess Idol & Fantom on their first Grand Prix!

Dear Jon and Rachael,

I just wanted to take a moment to say thank you so much for the beautiful day celebrating the VADA/Nova Championship riders. What a lovely competition you made with so much thought and planning. Both of you and your volunteers were all so kind, helpful and efficient. What a surprise to have hot soup, snacks and lunch provided to all the competitors. Wow!! That was so thoughtful. You really made us all feel special for being there. The special ribbons and awards ceremony were fun to participate in. I am so grateful for all the opportunities you and VADA/Nova have offered to help me get some experience with my new young horse. He has really grown up this year with the fix-a-test and dressage schooling shows you

Thank you all so much. I can't wait for 2023!!

Cheers to you! --Lisa Holtz

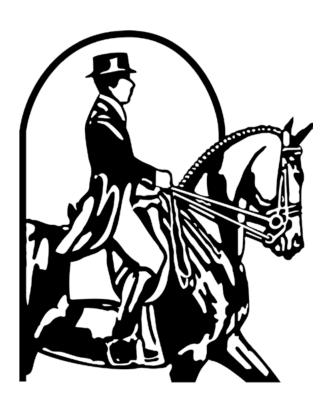


VADA/ NOVA wishes every member of our community safe & happy holidays and a happy new year!

Kathy Hibbard Veronica Gogan

communications@vadanova.email

VADA/Nova, Inc. PO Box 398 Hamilton, VA 20159



VADA is a USDF Group Member Organization. Their members are automatically USDF Group Members.

VADA/Nova website http://www.vadanova.org

For other questions or issues, please check our website